

## **BELL SCHEDULE**

WEDNESDAY	THURSDAY	FRIDAY
Block 1	Block 1	Block 1
8:00-9:12	8:00-9:12	8:00-9:12
Block 2	Block 2	Block 2
9:16-10:28	9:16-10:28	9:16-10:28
FLEX	FLEX	FLEX
10:28-10:57	10:28-10:57	10:28-10:57
Block 3	Block 3	Block 3
11:01-12:13	11:01-12:13	11:01-12:13
LUNCH	LUNCH	LUNCH
12:13-12:53	12:13-12:53	12:13-12:53
Block 4	Block 4	Block 4
12:57-2:09	12:57-2:09	12:57-2:09
Block 5	Block 5	Block 5
2:13-3:25	2:13-3:25	2:13-3:25

## Heritage Woods Assistance Dog

Brie our Heritage Woods Assistance Dog will be here on **Wednesday's** at **LUNCH** in the counselling area. Come down and say "Hi"!







Career Life Connections 12

WEDNESDAY, JANUARY 15TH M -Z

**VOLUNTEER / WORK FORMS ARE DUE** 

## Science Co-op 11

Short meeting **TODAY** at **FLEX** in room 310.

We will be discussing upcoming field trips. See Mr. Baldus or Ms. Wilson for more info.

# Come See Europe With Us!

- There are still a few spots available for this year's Europe Trip (May 14-23). Deadline for signing up is Jan. 31.
- Don't miss out! Come see the sights with us!
- See Mr. Chaffee in room 235 if you have any questions.



# Interested in Traveling to COSTA RICA Feb 2021?



Volcanoes
Kayaking
Hot Springs
Waterfalls
Ziplining
Snorkeling
Hiking
Beaches

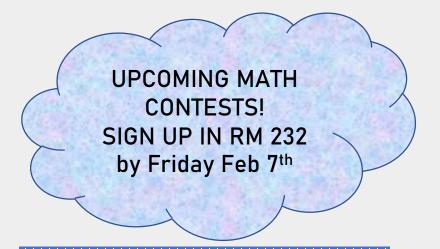








See Ms Prosperi-Porta, Mr Baldus or Mr Ross for information if you can't attend.



What is it:

25 Multiple Choice Questions

**60** minutes

**Calculator Permitted** 

Cost: \$7

Contest Date: February 25th

Where: Library in P3

Sign Up Sign Up Sign Up Sign Up

PASCAL Grade 9
CAYLEY Grade 10
FERMAT Grade 11

Sign Up Sign Up Sign up Sign Up

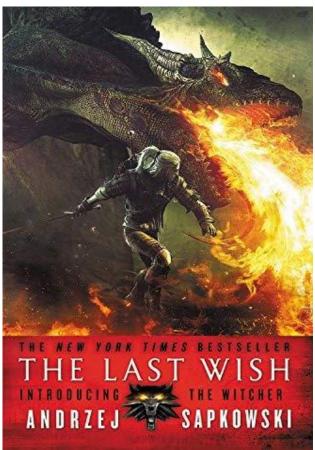
## Semester 1 - Dance Show

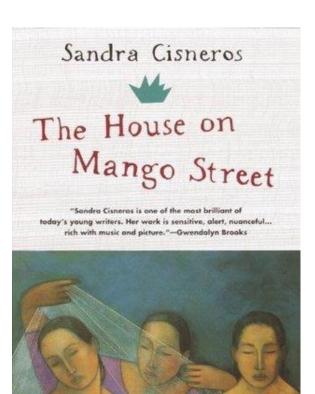
This semester's Dance Show is happening next week on Wednesday, January 15<sup>th</sup> and

Thursday, January 16th at 7:00pm in the theatre.

Tickets will be available at lunch starting this Friday until Thursday of next week and they will also be available at the door. \$5.00 each!!!







# Come and check out the new books at the HWSS Library

The Library Computer Lab will be closed during FLEX from Jan 14-17<sup>th</sup> for practice assessments.

\*The library will also be closed during FLEX on Thursday Jan 16<sup>th</sup> for a guest presenter. \*

#### **HWSS LANYARDS For Sale**

Please come to the main office to purchase.

COST: \$5.00



# KODIAK ATHLETICS



### Ski & Snowboard Team

REMINDER: Our next race is this Sunday. Bus will leave sharp at 6am. If you can't make it, let Mr Baldus know, or you could be charged a late fee.

# CLUBS



## Science Fair

• Please see Mr. Ciardullo by FRIDAY, JANUARY 17<sup>th</sup> to confirm your participation and set up a flex week meeting.

# Kodiak Konversations

Connect with our EAL students!



MEETINGS EVERY WED. AT FLEX IN ROOM 211

- Gain volunteer hours while having fun
- Snack while you chat and play games
- · Meet new people
- Learn about other cultures

# JOIN THE HSEO

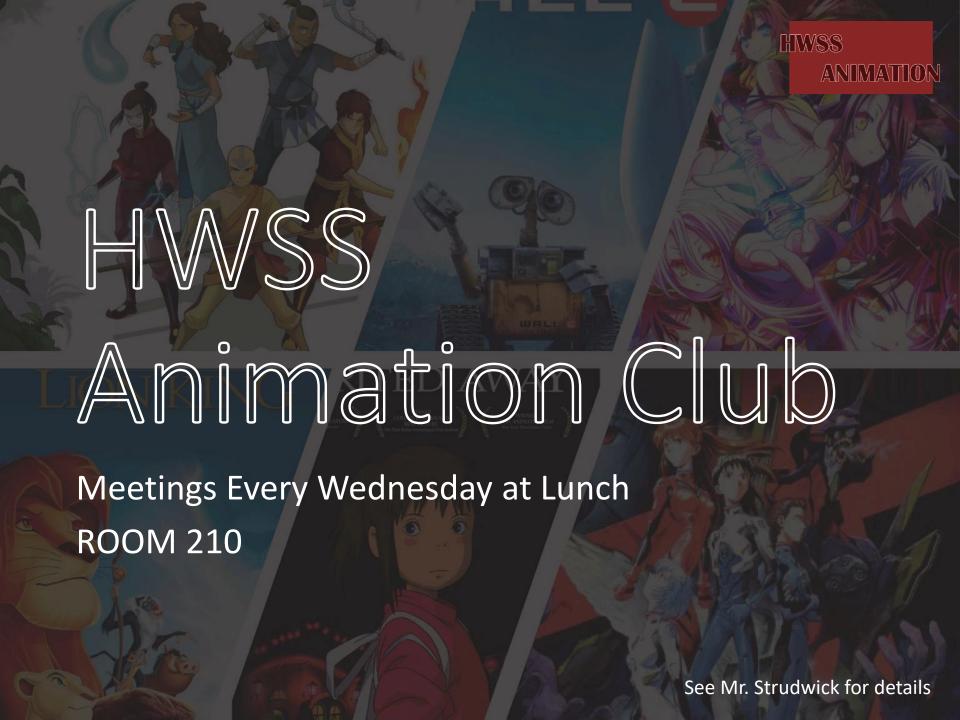
-INTERESTED IN JOINING SCIENCE COMPETITIONS TO BOOST YOUR RESUME?

-WANT TO EARN PRESTIGIOUS AWARDS
FROM BIG UNIVERSITIES LIKE UBC AND U OF T?



#### **NEXT MEETING:**

**WEDNESDAY** @ LUNCH IN ROOM 316 (September 25<sup>th</sup>)





# SKI & SNOWBOARD CLUB Want to shred at Whistler?



## Space is becoming limited...

Jan. 18 – FULL - waitlist started Feb. 8 – FULL - waitlist started Mar. 7 – 1 or 2 spots remaining

#### **Attention Ski/Snowboard Club Members**



### Apex Trip has been cancelled.

See Mr. Moretti for details. If you submitted a permission form and cheque, please pick them up in Room 314.

# CAREER CENTER



## 2020 UBC Engineering Physics high school info session and tour!

**UBC's** Engineering Physics program is one of the top engineering programs in Canada. With a formidable combination of scientific training, engineering experience, and practical hands-on skills, our graduates play leading roles in the most interesting and exciting industries and fields of scientific research in Canada and around the world:

- Artificial intelligence and machine learning
- Biotechnology, genetic engineering, medical devices
- Clean energy, electric vehicles
- UAVs, drones, aerospace
- Quantum computing

Engineering Physics is a very challenging program and should appeal to students with a strong interest and ability in mathematics and science.

Please join us on **Sunday January 19th** for tours of UBC labs, a talk by the Program Director, and a chance to meet our students and see some of their projects. The day is divided into an AM section and a PM section, with the Director's talk in the middle. There is no need to attend the entire day.

Register at the link below. In order to reach as many students as possible, we ask that each student bring
no more than two family members with them to the event.

#### When:

- Doors: 10:30 am Sunday, January 19th, 2020 Where: Irving K. Barber Learning Center room 182
- AM tours start: 11:00 am PM tours start: 2:15 pm End 4:00 pm Where: (Victoria Theatre)
- Lunch: 12:00 pm (we provide pizza, alternatives available nearby) Where:1961 East Mall, Vancouver
- Program Director's presentation (1 hour): 1:00 pm

#### **QUESTIONS:**

Please see Ms.
Butler in the
Career Center.

#### Beedie Luminaries Class of 2020 Scholarship Applications Are Now Open!

Bright minds are more than grades, and our scholarship is more than money. We give students what they need for a brighter future.



We look for the diamond in the rough.

We look beyond the grades.

We look for potential because we believe investing in our youth has the potential to transform families and communities.

Do you know of a student or students who fit this criteria? Please let them know about Beedie Luminaries and encourage them to APPLY today!

The 2019/2020 Applications are open until January 20, 2020, 9:00 am PST.



## **Archimedes Talks**

UBC

- Archimedes Talks is a speaker series aimed at talented high school students in Vancouver interested in mathematics and engineering. Our goal is to provide promising students with opportunities to explore different aspects of math and applied science in an engaging environment.
- Once a month during the semester, students come to the University of British Columbia's main Vancouver campus. Every session includes two expert speakers, a tour of an interesting location on campus, and lunch.
- Students are nominated to participate by their teachers. Interested students and teachers should visit the "apply" section for more information.
- Archimedes lived in ancient Greece. He made many important discoveries in mathematics and physics and was also a gifted inventor and engineer.

- Schedule
- Registration will start at 10:10 am. All talks are in the Irving K Barber Learning Centre, UBC Point Grey campus.
- Bring something to write with and on.
- Spring, 2020
- Date: Saturday, February 8, 2020
- Location: IBLC 261
  - Yusuf Altintas
     UBC Mechanical Engineering
- Date: Saturday, March 7, 2020
- Location: IBLC 261
  - o 10:30 -- 11:30
  - o 12:15-1:15 TBD
- Date: Saturday, April 4, 2020
- Location: IBLC 261
  - UBC Engineering Teams:
    - Mars Colony
    - Unmanned Aircraft Systems
    - Orbit Satellite Design Team

## Could you be our 2020 award winner? Other people talk about making the world better. You actually did something.

Presented annually, the <u>Weston Youth Innovation Award</u> was created to encourage and recognize young Canadian innovators. It provides students aged 14 to 18 a unique way to share their ideas and get the word out to a much larger audience! Interested? Why not tell us about your accomplishments? You could be the next Weston Youth Innovation Award winner.

#### Who is eligible?

- We look for individuals or groups who:
- are between the ages of 14 and 18,
- have used science and/or technology as the basis for developing creative and innovative ideas aimed at solving real-world problems,
- put their ideas into action and as a result, have had a positive impact either in their own community or on a broader scale.

For more information on how to apply visit: <a href="https://www.ontariosciencecentre.ca/innovationaward/#howtoapply">https://www.ontariosciencecentre.ca/innovationaward/#howtoapply</a>

- \$15,000 first-place prize
- \$8,500 second-place prize
- \$3,500 each for up to three additional finalists
- Your project featured in an Ontario Science Centre exhibit

Application deadline: February 07, 2020

# REPEAT NOTICES



## Volunteers needed for HWSS Robotics Tournament

- Friday Jan 17 after school for 2 3 hours
- Saturday January 18, 10 am 4 pm
- Free food & treats for volunteers
- See Mr. Zhuang in room 217 for details on specific tasks

## OCEAN WISE IS PROUD TO BE LAUNCHING OUR YOUTHTOSEA SPRING AND SUMMER LEADERSHIP PROGRAMS IN 2020. THIS PROGRAM IS OUR AQUACAMPS WORK EXPERIENCE PROGRAM, BUT AMPED UP TO OFFER MORE DEVELOPMENT/OPPORTUNITY!

These programs are designed to offer youth (14-18) an opportunity to build their personal leadership, problem-solving and life skills. Youth in the program will volunteer in our AquaCamps at the Vancouver Aquarium during our Spring or Summer sessions working with children. Youth volunteers will expand their social network, increase their marine conservation knowledge, connect with their community and gain employment skills.

Students who complete the Leadership Program will receive:

120+ hours of volunteer service

**Ocean Wise Animal Handling Certification** 

**WHMIS Certification** 

**CAN Autism Training** 

Ocean Wise Leadership Program Certificate of Completion Opportunity to join member-only workshops/events at the Vancouver Aquarium

Valuable work experience and professional contacts

There will be an Information session on Tuesday
January 14, 2020 at 7:00pm for interested youth and
their parent or guardian. Please email
workexperience@ocean.org to register to attend.
Please see Ms. Butler in the Career Center for more
info.





#### WHY VOLUNTEER?

- Gain work experience hours for graduation
- Develop your leadership skills
- Build your resume and earn a reference letter
- Make a difference in your community
- Explore career opportunities in Recreation

#### HOW DO I GET STARTED?

- 1. Visit www.portcoquitlam.ca/volunteer
- 2. Select your area of interest and click "Apply Now!"
- 3. Fill out an Application Form.
- 4. All volunteers will be required to complete an Interview, Criminal Record Check and Orientation

Apply now! Application deadlines are January 3rd for Winter Programs and March 5th for Spring Break Camps.

#### CHILDREN SERVICES

#### AFTERSCHOOL PROGRAMS

Have fun and help kids keep healthy and active with Afterschool Active at Hyde Creek Rec Centre or Beyond the Bell at local elementary schools! Programs include Art Attack, Soccer, Basketball, Sports & Games and more!

Commitment: 2 hours/week for 8 weeks (16 hours)

#### Requirements:

- Must be 15 years of age or older
- Empathetic and enthusiastic
- · Enjoy working with children

#### SKATING & BIKE PROGRAMS

#### SKATE LESSON ASSISTANT

Have fun and gain experience assisting Learn to Skate Instructors teach children ages 2 to 13 basic skating and hockey skills in a fun and supportive program.

Commitment: 2.5 to 4 hours/week for 8 weeks

#### Requirements:

- . Must be 14 years of age or older
- Empathetic and enthusiastic
- Able to skate forward and backward with good balance and control

#### LEISURE BUDDIES

Provide one-on-one support to a child or youth facing barriers to participation in skating lessons, swimming lessons, camps and other programs. Assist participants in focusing on tasks, encouraging participation, providing additional instruction or helping with language barriers.

Commitment: Average of 1-2 hours/week for 8 weeks (Varies by program)

#### Requirements:

- · Must be 13 years of age or older
- Empathetic and enthusiastic
- Enjoy working with others

#### SPRING BREAK CAMPS

Make the most of your Spring Break with our amazing Spring Break camps, including Sneakers and Jr. Sneakers Children's Camps, Children's Art Camps, and more. Assist with games, craft activitites, out trips and more!

Commitment: 40 hours/week for 1 week (40 hours)

#### Requirements:

- · Must be 15 years of age or older
- · Empathetic and enthusiastic
- Enjoy working with others

#### AQUATICS

#### SWIM LESSON ASSISTANT

Gain lifeguarding experience by assisting Water Safety Instructors in the delivery of the Red Cross Water Safety Programs to participants of all ages.

Commitment: 2 hours/week for 10 weeks (20 hours)

#### Requirements:

- Must be 13 years of age or older with Bronze Cross and Youth Aquatics Volunteer Training OR 15 years of age with Water Safety Instructor training
- · Experience working with children an asset

#### ADOPT A SPOT

Adopt a Street, Park or Trail in Port Coquitlam. Perform litter clean-ups at least once per month and report any issues to the City. Set your own schedule and gain volunteer hours while helping to keep Port Coquitlam clean, green and beautiful.

Commitment: Minimum 1 clean up/month for 1 year

#### Requirements:

- Must be 16 years of age or older OR 13 years of age with a parent or guardian
- Comfortable working independently outdoors

# **VOLUNTEER OPPORTUNITY - CITY OF COQUITLAM**

